



# Breastfeeding: Science, Solutions, & Strategies

## Program

### Course Description

#### A Two-Day, Practice-Oriented, Intensive

Join us at our seminar "Breastfeeding: Science, Solutions, & Strategies". Delve into the latest advancements in lactation science, exploring the physiological foundations of breastfeeding, common challenges faced by mothers, and evidence-based strategies to overcome them. Engage with leading experts Catherine Watson Genna and Lisa Marasco as they unveil innovative solutions that empower mothers to establish and sustain successful breastfeeding journeys.

This two-day seminar provides a comprehensive insight into the science behind breastfeeding, equipping you with valuable tools to navigate this vital aspect of maternal and infant health.

### Accreditation

IBLCE Approval: CL2021-1AU

13.75 CERPs (12.5 L CERPs & 1.25 E CERPs)

### DAY ONE

- 8:00 – Registrations open
- 8:30 – Welcome and Introductions
- 8:45 – Lisa Marasco – Unraveling the Mysterious Milk Ejection Reflex
- 10:15 – Morning Tea
- 10:30 – Catherine Watson Genna – Dysphagia | Assessing Suck:Swallow Patterns | Cervical Auscultation for Lactation Consultants
- 12:00 – Lunch
- 12:45 – Lisa Marasco – Unsolved Mysteries of the Human Mammary Gland
- 2:15 – Afternoon Tea
- 2:30 – Catherine Watson Genna – Breastfeeding Babies with Torticollis
- 4:00 – Lisa Marasco – What Does the Evidence Say? A Cochrane Review of Oral Galactagogues for Mothers of Full Term Healthy Infants
- 5:00 – Close

### DAY TWO

- 8:45 – Catherine Watson Genna – Tongue-tie Update
- 10:15 – Morning Tea
- 10:30 – Lisa Marasco – When the Butterfly Goes Astray: How Thyroid Dysfunction Can Undermine Breastfeeding
- 12:00 – Lunch
- 12:45 – Catherine Watson Genna – Reflux, GERD and Breastfeeding
- 2:15 – Afternoon Tea
- 2:30 – Lisa Marasco – Counseling the High Need Parent
- 3:30 – Catherine Watson Genna – Confirmation Bias and other Cognitive Errors
- 4:45 – Close